

The Little Unicorn on Honeysuckle
 Snugglepots, Ragged Blossoms and GumNuts Menu
 Week 1



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fruit & Oat Yoghurt	Seasonal Fruit	Fruit Smoothie	Seasonal Fruit	Fruit & Oat Yoghurt
Morning Tea Beveridge	Water	Reduced Fat Milk	Reduced Fat Milk in Smoothie	Reduced Fat Milk	Water
Lunch	Moroccan Lamb with Vegetables & Rice	Chicken and Vegetable Stir-Fry with Rice	Mustard Chicken and Rice	Vegetable Pasta Bake and Garlic Bread	Beef Nachos with Mountain Bread Chips
Lunch Beveridge	Reduced Fat Milk	Reduced Fat Milk	Reduced Fat Milk	Reduced Fat Milk	Reduced Fat Milk
Afternoon Tea	Vegemite & Cheese Wholemeal Scrolls	Wholemeal Fruit Loaf	Vitawheat with Cheese	Fruit Crumble with Custard	Avocado Dip with Rice Crackers and Veggie Sticks
Afternoon Tea Beveridge	Water	Water	Water	Water	Reduced Fat Milk
Late Snack	Vegemite Sandwich and Water	Vegemite Sandwich and Water	Vegemite Sandwich and Water	Vegemite Sandwich and Water	Vegemite Sandwich and Water

Puree offered as required for all meals